

YOGA WITH MARIE

WEEKLY OPEN CLASS TIMETABLE



TIMETABLE

EQUIPMENT SUPPLIED FOR ALL CLASSES

Please contact me to book for classes in The Studio, you can do this via text, Facebook, email or call (details are at the bottom of the page).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
THE STUDIO	6am	THE STUDIO	6am	6am	6am	6am
EARLY RISER 45 MINUTE	7am	EARLY RISER 45 MINUTE	7am	7am	7am	7am
6:15-7:00AM	8am	6:15-7:00AM	8am	8am	8am	8am
9am	9am	9am	9am	9am	9am	9am
10am	10am	10am	10am	10am	10am	10am
11am	11am	11am	11am	11am	11am	11am
12pm	12pm	12pm	12pm	12pm	12pm	12pm
1pm	1pm	1pm	THE STUDIO	1pm	1pm	1pm
2pm	2pm	2pm	HATHA FLOW 1 HOUR	2pm	2pm	THE STUDIO
3pm	3pm	3pm	2:00-3:00PM HATHA FLOW 1 HOUR	3pm	3pm	YIN YOGA 1 HOUR
4pm	4pm	4pm	3:30-4:30PM	4pm	4pm	3:00-4:00PM
5pm	THE STUDIO	5pm	5pm	5pm	5pm	5pm
6pm	HATHA FLOW 1 HOUR	6pm	6pm	6pm	6pm	6pm
7pm	6:00-7:00PM HATHA FLOW 1 HOUR	7pm	7pm	7pm	7pm	7pm
8pm	7:15-8:15PM	8pm	8pm	8pm	8pm	8pm

INFORMATION

CLASSES

Classes are 45 minutes - 1 hour long and cost £8 drop in or £60 for a ten class pass. The pass can be used for any class, each full pass earns a free class.

VISITNG

Parking is available nearby, please be mindful of neighbours and path users. The Studio entrance is a single white door at the right front of the house.